

OXFORDSHIRE AA COUNTY ATHLETICS CHAMPIONSHIPS 9 & 10 May 2009
Held at Horspath, Oxford (under UK Athletics Rules)

Please complete in block capitals

First Name:	Surname:
Date of Birth:	Sex: Male / Female - delete one
Contact phone Number:	County Qualification : Born or Reside for 12 months or Relax enter -
E-MAIL ADDRESS : CLUB	
p.okeefe@tiscali.co.uk DO NOT ATTEMPT TO SEND ENTRIES TO THIS ADDRESS	

Indicate with a tick in the box those events in which you wish to compete
 Note for U13/U15/U17 age groups: you are limited to a maximum 3 events plus 1 relay on any day of competition unless entered in Multi-events as per Rule 140.

Please note only those events shown will be run - do not add your own!

Events for Saturday 9th May

FEMALE EVENTS								MALE EVENTS						
U11	U13	U15	U17	U20	SEN	MAST		U11	U13	U15	U17	U20	SEN	MAST
							MULTI-EVENTS							
							200M							
							300M							
							400M							
							1500M							
							3000M							
							3000M S/CHASE							
							DISCUS							
							SHOT							
							LONG JUMP							
							POLE VAULT							

Events for Sunday 10th May

U11	U13	U15	U17	U20	SEN	MAST		U11	U13	U15	U17	U20	SEN	MAST
							75M							
							100M							
							800M							
							70M HURDLES							
							75M HURDLES							
							80M HURDLES							
							100M HURDLES							
							110M HURDLES							
							300M HURDLES							
							400M HURDLES							
							HIGH JUMP							
							JAVELIN							
							LONG JUMP							
							BALL THROW							
							TRIPLE JUMP							
							HAMMER							
							4 x 100M							

(NOTE U11 EVENTS NOT RUN UNDER UK Athletics Rules)

ENTER AGE ON DAY HERE Under 11's ENTER AGE ON DAY HERE

Events for Wednesday 3 June May at Iffley Road in the County v OUAC

U11	U13	U15	U17	U20	SEN	MAST		U11	U13	U15	U17	U20	SEN	MAST
							5000M							

Age Groups		Entry Fees			
		Events	All Ages	Multi-Events	
U13 (Sch Yrs 6 & 7)	Aged 11 on the day or over and under 13 on 1/9/2009				
U15 (Sch Yrs 8 & 9)	Aged 13 or over and under 15 on 1/9/2009	1 to 2	£4.00	U15	£7.00
U17 (Sch Yrs 10 & 11)	Aged 15 or over and under 17 on 1/9/2009	3 to 5	£6.00	U17	£10.00
U20	Aged 17 or over on 1/9/2009 and under 20 on 31/12/09	6 to 10	£9.00	U20	£10.00
Seniors	Aged 20 or over before 1/1/2010				
Masters	Aged 35 or over on the day of competition				

New for 2009 Master age groups for both Men and Women now aligned to master league - both start at age 35

DO NOT SEND SAE

TIMETABLES : Available on the County and Oxford City websites from Monday 4th May

Send cheque for 'OXON AA' to: Pete O'Keefe, 18 Walnut Close, Bicester, OX26 3XL

CLOSING DATE FOR ENTRIES 2 May 2009 - No late entries accepted