

**UK Inter Counties Cross Country Championships  
and World trials**

**incorporating the UK Cross Challenge Final**

**Wollaton Park  
Nottingham**

**Saturday 15th March 2008**

**Timetable of Events**

11.05 am	U20 Men	8,000 m
11.33 am	U13 Boys	3,000 m
11.51 am	Senior Women	8,000 m
12.23 pm	U15 Boys	4,500 m
12.42 pm	U17 Women	5,000 m
13.06 pm	U20 Women	6,000 m
13.32 pm	U13 Girls	3,000 m
13.52 pm	U17 Men	6,000 m
14.15 pm	U15 Girls	4,000 m
14.36 pm	Senior Men	12,000 m

**national express**



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